

# DEEP ROOTS: Attachment & Culture, Emotionally Focused Therapy with African American Couples Presented by Dr. Paul Guillory

Date: December 2, 2022

Time: 9:00 am - 1:30 pm PST

Location: Zoom Webinar

Cost: \$60

Payment Portal: [Tinyurl.com/cetraining22](https://tinyurl.com/cetraining22)



## Course Description

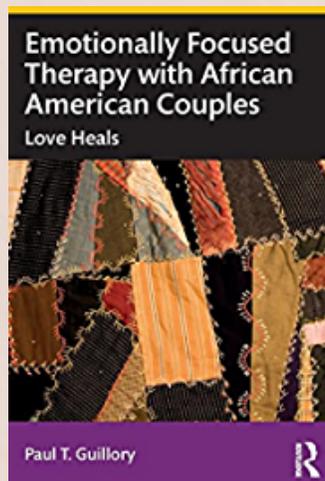
Cultural identification is typically treated as a demographic category. By extension, the internal working model of racial identity is a clinical blind spot.

In his book, Emotionally Focused Therapy With African American Couples, Dr. Guillory suggests that therapists work most effectively with Black couples when they have a conceptual model for race-matters.

This workshop addresses useful clinical concepts (e.g., Black negative priming, racial distress cues, racial identity as a dynamic process) and how they can be integrated into emotionally focused therapy (EFT). Case studies and video clips of EFT intervention illustrate the work.

## Learning Objectives

- Describe the major concepts of EFT Couple therapy
- Describe the major concepts of a model of race-matters
- Explain how concepts of Culture can create depth to emotional experiences in couples therapy
- Practice introducing race-matters into the clinical conversation



## Instructor Information

Dr. Guillory is an Associate Professor at the UC Berkeley in the Clinical Science Program, Psychology Department. He has taught courses on Emotionally Focused Therapies at U.C. Berkeley.

He is a certified trainer, supervisor, and therapist of Emotionally Focused Therapy. He is the author of "Emotionally Focused Therapy with African American Couples: Love Heals," (Routledge, August 2021). He has created several clinical online training videotapes that amplify integrating attachment culture.

Please visit his website at the following link: [paultguilloryphd.com](https://paultguilloryphd.com)

## Target Audience

This training will focus on providing culturally responsive psychotherapy to mental health providers working with diverse communities.

## Payment Details

Full refunds will be issued through December 1, 2022.

All cancellations are subject to a \$10 fee.

Student pricing is \$45. Please email [CCBMW.SD@gmail.com](mailto:CCBMW.SD@gmail.com) using your student email for the promotion code and instructions.

## Accommodations

For special accommodations, please email the Program Administrator at [CCBMW.SD@gmail.com](mailto:CCBMW.SD@gmail.com).

## Grievances

To obtain the grievance policy or to report a grievance, please email [CCBMW.SD@gmail.com](mailto:CCBMW.SD@gmail.com).

## Certificates

Event Completion certificates will be awarded at the end of the event in exchange for a completed evaluation form.

Event meets the qualifications for 4 hours of continuing education credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences

*Two 15-minute breaks will be provided. Breaks will not be counted toward CE time awarded.*

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